



Shoshin Ryu Yudanshakai Newsletter

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Winter 2020

"Take things as they are. Punch when you have to punch. Kick when you have to kick." -- Bruce Lee

In This Issue:

Shoshin Ryu Reunion 2019 – 1
Membership Form – Page 2
Reunion Pictures – Page 3
Words of Wisdom – Page 4
Word Search – Page 4
Memberships – Page 4

SSR Reunion 2019

August 31 and September 1, 2019. Those two days seem like a long time ago. They were the days of the Shoshin Ryu Reunion for 2019. It was nothing spectacular, one mat with about 35 people working out on it and a banquet complete with folding tables, folding chairs, and a red cooler on a table for the emcee to stand behind.

Once we get past the bare bones structure of the weekend, we can start to see it for what it was. Saturday was a day of sharing at the clinics and general fun at the banquet. The mat time started with the Judans and working downward, each instructor presen-

presented something different for the assembled throng to work on.

Sensei Dave Chubb presented blocks from American Shotokan Karate, Professor Joe Ristrom demonstrated Kali Knife techniques, Shihan Dave Parker demonstrated Karate techniques, Professor Carlos Gallegos showed everyone some of the arts of Kaito Gakko, and, of course, many Shoshin Ryu professors demonstrated various techniques and ideas from Danzan Ryu.

Among the professors and senseis who spent time sharing their knowledge were Mike Chubb, Bill Randle, Len Riley, Bill Fischer, Kevin Dalrymple, Rich Charlebois, Roger Medlen, Dave Williams, Owen Gallagher, Steve McMillan, and many others. Just about every fifteen minutes a new instructor stepped in and started teaching new ideas and techniques. It was all good. It's nice to get a memory jogged or see a new application for an old technique.

On Saturday night we got together for the semi-annual awards banquet. The night was filled with great conversation. Professor Bill Fischer served as the emcee and was in fine form, as usual. The banquet serves as an opportunity to promote those people who have worked hard and the reward the people who helped get them there.

The following awards were given out on Saturday night: Spirit of Kokua – Sensei Lee Firestone, Larger Than Life – Professor Dan Saragosa, Lamplighter – Sensei Ramon Gallegos, Instructor of the year – Professor Dave Woodland and Sensei Jayson Pickens. Congratulations to all the recipients.



Saturday Morning. Chatting a bit before the clinics.

On Sunday morning, many of the attendees returned to the Boulder City Water and Power Building for the second day of work. Sensei Brian Skow took them through a series of activities, and the morning was very casual as people popped in for a few minutes before heading home.

The 2017 Shoshin Ryu Reunion was so bleak that I left wondering if it was worth trying to continue doing reunions at all. After being part of the 2019 Shoshin Ryu Reunion, I'm glad we kept going. It was nice to spend time with old friends, and learn a little jujitsu along the way. I'm looking forward to Ohana 2020 and the 2021 Shoshin Ryu Reunion.



Shoshin Ryu Yudanshakai



Membership form

Please check one: _____ New member _____ Renewal _____ Date _____

Name (Last) _____ (First) _____ (MI) _____

Address _____

City _____ State _____ Zip _____

Birthdate _____ Sex: M / F _____ Phone(s) _____

e-mail address _____ Dojo affiliation _____

Instructor _____ Your current rank _____

Dues/ fees are per year. Membership dues include mandatory liability and supplemental medical insurance. Memberships are for the current calendar year from January through December 31.

_____ \$25.00 General Membership Dues (for Adults & Juniors)

_____ \$30.00 Adult Kyu Rank Membership Dues

_____ \$40.00 Black Belt Membership Dues

Signature _____ Date _____

Parental consent if under 18 years _____

Mail to: **Shoshin Ryu Yudanshakai**
C/O Remi Pintang
242 S. McCarron St.
Placentia, CA 92870

Phone: 714-654-0800

Please enclose your check payable to: **Shoshin Ryu Yudanshakai**

For more information, visit us at www.Shoshinryu.com



Sensei Mike Chubb welcoming the participants on Saturday morning.



Professor Bill Randle doing his thing.



Professor Len Riley teaching during his time.



Professor Carlos Gallegos in action.



Professor Joe Ristrom and his Kali Knife technique.



Professor Bill Fischer the emcee blocked by the red cooler.



Words of Wisdom

“The best way out is always through.” - *Robert Frost*

“It is time for us all to stand and cheer for the doer, the achiever – the one who recognizes the challenges and does something about it.” - *Vince Lombardi*

“When it is obvious that the goals cannot be reached, don’t adjust the goals, adjust the action steps.” – *Confucius*



Jujitsu Words

K W N I S H K U O Y K X E C W
 E E H H A Y A N A D A G Y P K
 S N I S S Z A C D C A B X O I
 A M Y E F A N S M N Y K M B H
 E R Y A O I K W K I R I A P S
 K E H G M T M A M V I I H T A
 H I K I E S O A N R F Z O S E
 I G R M Z T R S I U P X N Y D
 I O Y U C A O A H X K L T T A
 N K Z S G S H K S I R I O J R
 Z R U I G U S T A K H Y M I O
 O B H N Z R A W E K E T O G T
 U S X Z N K A T A T E V E O J
 U K A Y G A D T G F O N Z K E
 N Q A B W R K R Y C R A H O J

DEASHI
 HIKI
 JIGOKO
 KATSUGI
 KOTE
 OTOSHI
 SHIME
 GYAKU
 HIZA
 KANNUKI
 KESA
 NAGE
 SAKANUKI
 SUMIGAESHI
 HAYANADA
 HONTOMOE
 KATATE
 KOMIIRI
 NORIMI
 SHIGARAMI
 TORA

Memberships are up on December 31, 2019

Just a friendly reminder that the 2019 memberships are no longer valid after December 31, 2019. Please take the time to fill out the membership form in this newsletter and mail it in, or go to www.shoshinryu.com and do it quickly and easily. Sensei Remi Pintang is waiting to get those done.